

WHAT TO WEAR

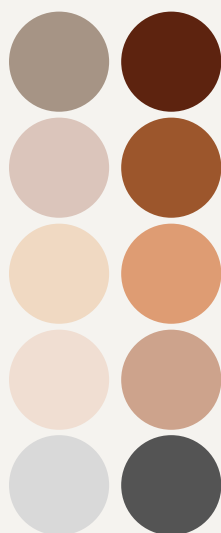
PASTELS



JEWEL TONES



EARTH TONES



The most important guideline here is to wear something that makes you feel confident and that you feel comfortable in. These photographs will be around for years to come (I hope), so with that in mind, choose pieces that feel more classic and timeless.

For sessions with more than 1 person, I recommend that everyone who will be photographed together wear colors that are all in the same palette for a more cohesive look.

Pastels look best for spring/summer, jewel tones look best for autumn/winter, and earth tones are perfect year-round.

LIFE STORIES SESSIONS

Avoid: leggings, logos, graphics, large prints, bright white or all black

Pastels, earth tones, and jewel tones look best in photographs. Creams, tans, and grays are great neutrals. Small prints work and clothing with texture or luminosity always looks good (think linen, knits, silk).

YOGA SESSIONS

Avoid: logos, graphics, large prints, bright white or all black

Pastels, earth tones, and jewel tones look best in photographs.

Clothing that hugs the body looks cleaner in photos however if you want to add something more flowy (scarf, harem pants, maxi skirt) those can look nice as well. Bring any props you would like to be photographed with.